



Scoil an Chroí Ró-Naofa, Urlingford N.S.,

Urlingford,
Via Thurles,
Co. Kilkenny.

Healthy Lunch Policy

The school has a healthy lunch policy. We encourage children to bring lunches that conform to the South Eastern Health Board Guidelines on healthy lunches. We also do not allow certain items to be brought as part of the children's lunches. Listed below are items we encourage and items that are not allowed.

Healthy

Juice drinks
Milk (Can be bought in school)
Yoghurt drinks
Sandwiches
Fruit
Cheese
Yoghurts
Scones
Crackers

Not Allowed

All fizzy drinks
Sweets and chocolate
Buns (including home baking)
Biscuits
Bars (including cereal bars)
Peanuts
Crisps
Popcorn

Children should bring their drinks in bottles only.

We ask that parents observe this policy when making their children's lunches

Appearance Policy

We ask parents to take note of the following regulations regarding children's appearance in school.

1. All children must wear a full school uniform in school. Mixing and matching uniform and tracksuits is not allowed.
2. On PE days or swimming days, children wear the PE uniform. The only permissible t-shirt is the school t-shirt. In cases where the children do not have the t-shirt, they will be expected to wear the tracksuit top.
3. In summer time, children may wear the school t-shirt and navy shorts as their school uniform.
4. Children may wear earrings, but in the interest of safety, only stud earrings may be worn in school.
5. Children, whose hair is cut by blade trimmer, are not permitted to have their hair cut shorter than a number 3 blade.

All appearance rules were re-ratified by the BOM on April 27th 2004.