



Scoil an Chroí Ró-Naofa, Urlingford N.S.

Roll Number: 19930D
New Road, Urlingford, Co. Kilkenny, via Thurles. E41 A567

Healthy Lunch Policy

The school has a healthy lunch policy. We encourage children to bring lunches that conform to the HSE Guidelines on healthy lunches.

Children will be provided with a portion of their lunch via the School Meals Scheme. Our appointed provider is Glanmore Foods and they only provide options which are in accordance with the guidelines.

Parents may send extra portions for their children also. We do not allow certain items to be brought as part of the children's lunches.

Listed below are items we encourage and items that are not allowed. Please note this list is not prescriptive.

Healthy

Juice drinks¹
Yoghurt drinks
Sandwiches
Fruit
Cheese
Yoghurts²
Scones
Crackers
Popcorn³
Rice Cakes (with yoghurt)⁴

Not Allowed

All fizzy drinks
Sweets and chocolate
Buns (including home baking)
Biscuits
Bars (including cereal bars)⁵
Peanuts⁶ (We strive to be nut free!)
Crisps
Chocolate Rice Cakes⁴

1. Children should bring their drinks in bottles only.
2. Yoghurt with chocolate/sweet corners are not permitted.
3. Popcorn is only available as an option on Tuesday and Thursday via Glanmore Foods.
4. Yoghurt Rice Cakes are available via Glanmore Foods. Chocolate Rice Cakes are not permitted.
5. All cereal bars are prohibited. There is an oat crunch bar available via Glanmore Foods
6. We strive to be nut free in the interest of children who have nut allergies.

Children will, from time to time, receive treats from teachers.

We ask that parents observe this policy when making their children's lunches



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Appearance Policy

We ask parents to take note of the following regulations regarding children's appearance in school.

1. All children must wear a full school uniform in school. Mixing and matching uniform and tracksuits is not allowed.
2. On tracksuit or swimming days, children wear the PE uniform. The only permissible t-shirt is the green school t-shirt. In cases where the children do not have the t-shirt, they will be expected to wear the tracksuit top.
3. In summer time, children may wear the summer uniform comprising of the school tracksuit top, school t-shirt and navy shorts.
4. Children may wear earrings, but in the interest of safety, only stud earrings may be worn in school.
5. Children, whose hair is cut by blade trimmer, are not permitted to have their hair cut shorter than a number 3 blade.

Reviewed by the Board of Management 11th January 2023.